

IMPROMPTU PRACTICE #2 — PRACTICE YOUR PACE!

Nothing will improve your public speaking skills as quickly and effectively as practicing the skills involved with impromptu speaking. That’s why, even if you are not competing in Impromptu, you should be practicing Impromptu each day!

Your next challenge is to give a speech and focus on your verbal pace. Consider your pauses and how you can add emphasis through controlling the rate of your speaking.

FACT: You WILL pause when you speak. We all pause because the brain needs the pause! But don’t fill your pauses with “ummm” or “basically” or other fillers that are less powerful than a well-placed silent pause.

For this speech, go ahead and speak slowly. There are great benefits to speaking slowly.

You will relax into your speaking and have more control over what you are saying. Those stray thoughts and random comments will be less likely to rule the day.

Your judge will have an easier time following your speech. You will be less likely to overwhelm your audience with too much information.

You will be more confident, and that confidence will translate to an effective speech that reaches your audience.

TOPICS

Practice #2 – Impromptu and Junior Impromptu Prompts:

Birthday

Christmas

Easter